



CAMBODIA ANTI-DOPING AGENCY (CADA)

CADA Education Plan Annual Report 2024

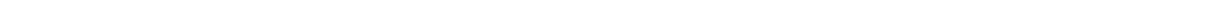


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I. Introduction

As a signatory to the World Anti-Doping Code, the Cambodia Anti-Doping Agency is required to fully execute the Code's provisions. This includes developing and adjusting an annual education plan tailored to the country's context to ensure compliance among all athletes and stakeholders, including National Coaches, Sports Officers, National Athletes, Youth Athletes, and others.

II. The Cambodia Anti-Doping Agency's annual schedule

1. On February 15 to 19, 2024, a Training Course was conducted focusing on the "Athletes Whereabouts, Sample Collection Process, list of Prohibited Substances and Method, Anti-Doping Rule Violations, Athlete Rights and Responsibilities and e-Learning Guidelines in ADEL-ILA" for Athletes.

Participant:

- Total Participants: 27 individuals associated with the 13 National Federations.

Outcomes:

- Duration: 40-hour session
- Achievements: Participants gained comprehension of Anti-Doping topics and successfully registered for the e-learning system via ADEL-ILA.
- Results: By the end of the session, 80% of the participants correctly answered the survey questions and accessed the ADEL-ILA system accurately. Due to initial inaccuracies, the remaining 20% required another attempt to be completed accurately.

Challenges Encountered:

- Language Barrier: Some participants faced difficulties due to a lack of English proficiency.
- Commitment Issues: Certain individuals exhibited a lack of dedication towards self-study, affecting their performance.
- Low Technology: Some participants face difficulties due to a lack of technology.

2. On April 25 to 29, 2024, a Training Course was conducted focusing on the "Athletes Whereabouts, Sample Collection Process, list of Prohibited Substances and Method, Anti-Doping Rule Violations, Athlete Rights and Responsibilities and e-Learning Guidelines in ADEL-ILA" for Athletes.

Participant:

- Total Participants: 50 individuals associated with the 13 National Federations.

Outcomes:

- Duration: 40-hour session
- Achievements: Participants gained comprehension of Anti-Doping topics and successfully registered for the e-learning system via ADEL-ILA.
- Results: By the end of the session, 80% of the participants correctly answered the survey questions and accessed the ADEL-ILA system accurately. Due to initial inaccuracies, the remaining 20% required another attempt to be completed accurately.

Challenges Encountered:

- Language Barrier: Some participants faced difficulties due to a lack of English proficiency.
- Commitment Issues: Certain individuals exhibited a lack of dedication towards self-study, affecting their performance.
- Low Technology: Some participants face difficulties due to a lack of technology.

3. From May 28 to June 1, 2024, a Training Course was conducted focusing on the "Athletes Whereabouts, Sample Collection Process, list of Prohibited substances and Method, Anti-

Doping Rule Violations, and Athlete Right and Responsibilities and e-Learning Guidelines in ADEL-ILA" for Athletes,

Participant:

- Total Participants: 52 individuals associated with the 13 National Federations.

Outcomes:

- Duration: 40-hour session
- Achievements: Participants gained comprehension of the Anti-Doping topic and successfully registered for the e-learning system via ADEL-ILA.
- Results: By the end of the session, 80% of the participants correctly answered the survey questions and accessed the ADEL-ILA system accurately. Due to initial inaccuracies, the remaining 20% required another attempt to be completed accurately.

Challenges Encountered:

- Language Barrier: Some participants faced difficulties due to a lack of English proficiency.
- Commitment Issues: Certain individuals exhibited a lack of dedication towards self-study, affecting their performance.
- Low Technology: Some participants face difficulties due to a lack of technology.

4. From July 29 to 31, 2024, a seminar was conducted regarding "Anti-Doping Courses: A List of Prohibited Substances and Methods, Therapeutic Use Exemption, Anti-Doping Rule Violations and e-Learning Guidelines in ADEL Coaches of High Performance/Medical Professionals" specifically tailored for National Coaches and Sports Officers.

Participant:

- Total Participants: 34 individuals
- Composition: 30 coaches and 15 sports officials from the National Sports Federation.

Outcomes:

- Course Duration: 24 hours
- Key Learnings: Participants gained insights into anti-doping measures, understood the consequences of doping, and were enabled to enroll in the eLearning system through the Coach of high Performant and Medical Professional.
- Outcome: By the end of the session, 80% of the participants demonstrated accurate responses to the survey questions. However, the remaining 20% were unable to answer correctly due to literacy limitations.

Challenges Encountered:

- Language Barrier: Some coaches lack proficiency in English, hindering their comprehension.
- Limited Technological Proficiency: Participants faced difficulties in navigating electronic devices or lacked familiarity with using them.
- Lack of Commitment: Certain individuals exhibited a lack of dedication towards self-study or engaging with the materials provided.

5. On November 21, 2024, a seminar was conducted regarding "Anti-Doping Courses: A List of Prohibited Substances and Methods, Therapeutic Use Exemption, Anti-Doping Rule Violations and e-Learning Guidelines in ADEL Coaches of High Performance/Medical Professionals" specifically tailored for National Coaches and Sports Officers.

Participant:

- Total Participants: 45 individuals
- Composition: 45 coaches from the National Sports Federation.

Outcomes:

- Course Duration: 8 hours

- Key Learnings: Participants gained insights into anti-doping measures, understood the consequences of doping, and were enabled to enroll in the eLearning system through the Coach of high Performant and Medical Professional.
- Outcome: By the end of the session, 80% of the participants demonstrated accurate responses to the survey questions. However, the remaining 20% were unable to answer correctly due to literacy limitations.

Challenges Encountered:

- Time Constraints: Lack of time.
- Language Barrier: Some coaches lack proficiency in English, hindering their comprehension.
- Limited Technological Proficiency: Participants faced difficulties in navigating electronic devices or lacked familiarity with using them.
- Lack of Commitment: Certain individuals exhibited a lack of dedication towards self-study or engaging with the materials provided.

III. Outreach Programs

Outreach programs Plan for the National Primary School Games, the University Games and the 4th National Games aimed at athletes and participants from 25 provinces.

1. The National Primary School Games, held from March 30th to April 8th, 2024, included athletes from 25 provinces competing in 12 sports.

Educational Booth Participation:

- Total Participants: 157 individuals engaged with the educational booth.

Outcomes:

- Duration: 10 days of educational activities
- Activities: Participants took part in the WADA Quiz and received prizes (Gifts) from the CADA Team. Additionally, various informational leaflets were distributed.
- Achievements: By the end of the 10 days, participants displayed an improved understanding of doping, with 80% to 100% success rates in answering the WADA Quiz questions.

Challenges Encountered:

- Participation Issues: Some athletes did not engage or participate in the educational booth activities.

2. The National University Games, held from May 18th to 27th, 2024, included athletes from 44 Institutions and universities competing in 13 sports.

Educational Booth Participation:

- Total Participants: 176 individuals engaged with the educational booth.

Outcomes:

- Duration: 10 days of educational activities
- Activities: Participants took part in the WADA Quiz and received prizes (Gifts) from the CADA Team. Additionally, various informational leaflets were distributed.
- Achievements: By the end of the 10 days, participants displayed an improved understanding of doping, with 80% to 100% success rates in answering the WADA Quiz questions.

Challenges Encountered:

Participation Issues: Some athletes did not engage or participate in the educational booth activities.

3. The 4th National Games, held from October 29th to November 8th, 2024, included athletes from 3 Ministries and 25 provinces competing in 36 sports.

Educational Booth Participation:

- Total Participants: 340 individuals engaged with the educational booth.

Outcomes:

- Duration: 11 days of educational activities
- Activities: Participants took part in the WADA Quiz and received prizes (Gifts) from the CADA Team. Additionally, various informational leaflets were distributed.
- Achievements: By the end of the 11 days, participants displayed an improved understanding of doping, with 80% to 100% success rates in answering the WADA Quiz questions.

Challenges Encountered:

- Participation Issues: Some athletes did not engage or participate in the educational booth activities.

IV. Evaluation**1. Strengths and Progress:**

- Educational Efforts: The Cambodian Anti-Doping Agency showed dedication to educating athletes across various sporting events, ensuring awareness of the consequences of doping, be it intentional or unintentional. Efforts have been directed toward imparting a comprehensive understanding of doping, highlighting its consequences be it legal, health-related, financial, or social impacts
- Recognition and Trust: The agency gained recognition and trust from multi-national athletes during the Primary School, National University Games, and the 4th National Games. Athletes actively engaged with the agency's doping education booth participated in the WADA Quiz, and received valuable information, advice, and gifts from the CADA's team.

2. Weaknesses:

- Lack of understanding: There exists a small subset of Cambodian athletes, both at national and sub-national levels, who lack an adequate understanding of doping. This deficiency in comprehension is attributed to their lack of commitment to self-study and research regarding anti-doping measures.

3. Challenges:

- Inadequate Interest: Some Cambodian athletes do not possess the "ADEL Certificate" as they lack interest in understanding the consequences of doping.
- Potential Disqualifications: Athletes face potential disqualification from competitions, medal rankings, and varying degrees of penalties from mild to severe suspension, extending up to a lifetime ban from engaging in sports if found guilty of doping violations.
- Illiteracy Issues: Some Cambodian athletes face challenges due to illiteracy, be it in Khmer or English languages, hindering their understanding of anti-doping material.
- Lack of Commitment: There's a segment of Cambodian athletes displaying insufficient commitment when it comes to learning about doping and its implications, impacting their knowledge of anti-doping measures.

Overall, while there have been admirable efforts by the Cambodian Anti-Doping Agency in educating athletes and fostering awareness, there remain challenges relating to athletes' comprehension, commitment, and potential disqualifications due to a lack of interest or understanding of the consequences of doping. Addressing these challenges would require targeted educational programs, improved engagement strategies, and support systems for athletes to enhance their knowledge and commitment to anti-doping measures.

V. Feedback

- A significant issue for the Cambodia Anti-Doping Agency (CADA) is the lack of ADEL- ILA certifications among a substantial number of athletes, as well as the absence of "ADEL Coaches High-Performance Certificates" among coaches.
- CADA is dedicated to resolving these issues by focusing on staff training. By enhancing the capabilities and qualifications of our personnel, the agency aims to address the gaps in certification among athletes and coaches. This commitment to training more staff reflects CADA's proactive approach to resolving the challenges related to certification deficiencies within the athlete and coaching communities.

The primary challenges faced by the Cambodian Anti-Doping Agency (CADA) still revolve around a shortage of staff and human resources, coupled with limitations in knowledge and experience. To address these challenges, CADA aims to seek assistance from SEARADO (Southeast Asia Regional Anti-Doping Organization) in the following ways:

1. Training Support:

Requesting SEARADO's assistance to train a sufficient number of education officers. This training aims to enhance the capabilities of CADA's workforce, ensuring better operational efficiency within the agency. By having adequately trained officers, CADA aims to overcome staffing shortages and boost its effectiveness in implementing anti-doping measures.

2. Participation in Sporting Events:

Asking SEARADO to send more CADA officials to participate in various sporting events, both regionally and globally. This request is intended to provide these officials with practical exposure and work experience in handling anti-doping measures during different sports competitions. Increased participation would contribute to enhancing their expertise and competence in the field.

In conclusion, these requests highlight CADA's efforts to address staffing deficiencies and improve its operational capabilities by leveraging the support and expertise available through collaboration with SEARADO.